

Meaningful Activity Measure

First, Today, or Next, I would like to talk to you about meaningful activity and how you feel about your services. Mostly, we are interested in knowing about what types of activities are meaningful to you, what you enjoy doing, and what kind of help you receive to do the activities.

Tier 1 Global Items:

Please tell me how much you agree with the following statement.

Global Item	Never/ Rarely	Sometimes	Often	Almost Always/ Always	NR
G1. You participate in activities that are meaningful to you.					

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe)_____

Please tell me how much you agree with the following statement.

Global Item	Never/ Rarely	Sometimes	Often	Almost Always/ Always	NA- No Support Needed	NR
G2. You get enough support to participate in activities that are meaningful to you.						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe)_____

Tier 2 Specific Items:**Social Activities**

[Interviewer will read these items and the response options as written, then record participant responses. Examples in parentheses () will only be used if participant requests clarification. Refer to definition of terms sheet for further clarification if necessary.]

Next, I have some questions that will be a little more specific about meaningful activity that I would like to ask you. You may have answered some of these questions already, but I am asking them again because I want to be certain that I understand and record your responses correctly.

First, we are going to talk about **social activities**; Could you give me a few examples of social activities?

[Interviewer Responds to the following Item:

INT1. Did you (interviewer) give examples to the participant because the example(s) provided by participant did not match the category? Y or N]

[SKIP LOGIC: If the participant response to item S1 is N/A; Strongly Disagree; or, Disagree, then skip the category and go to Professional (Item S5)]

Please tell me how much you agree with the following statement.

<i>[Remind participant they can use response scale card (emoji or text)]</i>	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S1. Social activities are meaningful to you. (EXAMPLES: meet with friends, going to the movies, or going to a place of worship)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S2. You participate in social activities as much as you want to. (EXAMPLES: meet with friends, going to the movies, going to a place of worship)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S3. Recently, you have enjoyed doing social activities. (EXAMPLES: meet with friends, going to the movies, going to a place of worship)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A-I Don’t Need Help	NR
S4. You get enough help to do social activities. (EXAMPLES: meet with friends, going to the movies, going to a place of worship)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Professional Activities

[Interviewer will read these items and the response options as written, then record participant responses. Examples in parentheses () will only be used if participant requests clarification. Refer to definition of terms sheet for further clarification if necessary.]

Now, we are going to talk about **professional activities**; Could you give me a few examples of professional activities?

[Interviewer Responds to the following Item

INT2. Did you (interviewer) give examples to the participant because the example(s) provided by participant did not match the category? Y or N]

[SKIP LOGIC: If the participant response to Item S5 is N/A; Strongly Disagree; or, Disagree, then skip the category and go to Educational Activities (Item S9)]

Please tell me how much you agree with the following statement.

<i>[Remind participant they can use response scale card (emoji or text)]</i>	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S5. Professional activities are meaningful to you. (EXAMPLES: working for wages, volunteering)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S6. You participate in professional activities as much as you want to. (EXAMPLES: working for wages, volunteering)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR

S7. Recently, you have enjoyed doing professional activities. (EXAMPLES: working for wages, volunteering)						
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Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A-I Don’t Need Help	NR
S8. You get enough help to do professional activities. (EXAMPLES: working for wages, volunteering)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Educational Activities

[Interviewer will read these items and the response options as written, then record participant responses. Examples in parentheses () will only be used if participant requests clarification. Refer to definition of terms sheet for further clarification if necessary.]

Now, we are going to talk about **educational activities**; Could you give me a few examples of educational activities?

[Interviewer Responds to the following Item

INT2. Did you (interviewer) give examples to the participant because the example(s) provided by participant did not match the category? Y or N]

[SKIP LOGIC: If the participant response to Item S9 is N/A; Strongly Disagree; or, Disagree, then skip the category and go to Physical Exercise Activities (Item S13)]

Please tell me how much you agree with the following statement.

<i>[Remind participant they can use response scale card (emoji or text)]</i>	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S9. Educational activities are meaningful to you. (EXAMPLES: going to school, community education class, learning						

about things on your own, using internet/library to learn about something)						
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Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
 • Unclear/No Response • Other (describe)_____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S10. You participate in educational activities as much as you want to. (EXAMPLES: going to school, community education class, learning about things on your own, using internet/library to learn about something)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
 • Unclear/No Response • Other (describe)_____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S11. Recently, you have enjoyed doing educational activities. (EXAMPLES: going to school, community education class, learning about things on your own, using internet/library to learn about something)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
 • Unclear/No Response • Other (describe)_____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A-I Don’t Need Help	NR
S12. You get enough help to do educational activities.						

(EXAMPLES: going to school, community education class, learning about things on your own, using internet/library to learn about something)						
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Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
 • Unclear/No Response • Other (describe) _____

Physical Exercise Activities

[Interviewer will read these items and the response options as written, then record participant responses. Examples in parentheses () will only be used if participant requests clarification. Refer to definition of terms sheet for further clarification if necessary.]

Now, we are going to talk about activities that involve **physical exercise**; Could you give me a few examples of physical exercise activities?

[Interviewer Responds to the following Item

INT3. Did you (interviewer) give examples to the participant because the example(s) provided by participant did not match the category? Y or N]

[SKIP LOGIC: If the participant response to item S13 is N/A; Strongly Disagree; or, Disagree, then skip the category and go to Relaxing Activities (item S17)]

Please tell me how much you agree with the following statement.

<i>[Remind participant they can use response scale card (emoji or text)]</i>	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S13. Activities that involve physical exercise are meaningful to you. (EXAMPLES: swimming, biking, running, hiking)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
 • Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S14. You participate in activities that involve physical exercise as much as you want to. (EXAMPLES: swimming, biking, running, hiking)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
 • Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S15. Recently, you have enjoyed doing activities that involve physical exercise. (EXAMPLES: swimming, biking, running, hiking)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
 • Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A-I Don’t Need Help	NR
S16. You get enough help to do activities that involve physical exercise. (EXAMPLES: swimming, biking, running, hiking)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
 • Unclear/No Response • Other (describe) _____

Relaxing Activities

[Interviewer will read these items and the response options as written, then record participant responses. Examples in parentheses () will only be used if participant requests clarification. Refer to definition of terms sheet for further clarification if necessary. Use response card with emojis if participant list indicates.]

Now, we are going to talk about **relaxing activities**; Could you give me a few examples of relaxing activities?

[Interviewer Responds to the following Item

INT3. Did you (interviewer) give examples to the participant because the example(s) provided by participant did not match the category? Y or N]

[SKIP LOGIC: If the participant response to item 17 is N/A; Strongly Disagree; or, Disagree, then skip the category and go to Everyday Life Tasks Activities (item S21)]

Please tell me how much you agree with the following statement.

<i>[Remind participant they can use response scale card (emoji or text)]</i>	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S17. Relaxing activities are meaningful to you. (EXAMPLES: reading a book, watching television, walking)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S18. You participate in relaxing activities as much as you want to. (EXAMPLES: reading a book, watching television, walking)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S19. Recently, you have enjoyed doing relaxing activities. (EXAMPLES: reading a book, watching television, walking)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A-I Don’t Need Help	NR
S20. You get enough help to do relaxing activities. (EXAMPLES: reading a book, watching television, walking)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Everyday Life Task Activities

[Interviewer will read these items and the response options as written, then record participant responses. Examples in parentheses () will only be used if participant requests clarification. Refer to definition of terms sheet for further clarification if necessary.]

Finally, we are going to talk about everyday life tasks; Could you give me few examples of everyday life tasks?

[Interviewer Responds to the following Item

INT3. Did you (interviewer) give examples to the participant because the example(s) provided by participant did not match the category? Y or N]

[SKIP LOGIC: If the participant response to item S21 is N/A; Strongly Disagree; or, Disagree, then skip the category and go to S25.]

Please tell me how much you agree with the following statement.

<i>[Remind participant they can use response scale card (emoji or text)]</i>	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S21. Everyday life tasks are meaningful to you. (EXAMPLES: errands, grocery shopping, stopping by the bank, cooking a meal)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe)_____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S22. You participate in everyday life tasks as much as you want to. (EXAMPLES errands, grocery shopping, stopping by the bank, cooking a meal)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe)_____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A	NR
S23. Recently, you have enjoyed doing everyday life tasks.						

(EXAMPLES: errands, grocery shopping, stopping by the bank, cooking a meal)						
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Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Please tell me how much you agree with the following statement.

	Strongly Disagree	Disagree	Agree	Strongly Agree	N/A-I Don’t Need Help	NR
S24. You get enough help to do everyday life tasks. (EXAMPLES: errands, grocery shopping, stopping by the bank, cooking a meal)						

Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused
• Unclear/No Response • Other (describe) _____

Meaningful Activity Technology Items

Next, I am going to ask you some questions about how technology may be helping you do activities that are meaningful to you. By technology, I am talking about things that help you overcome challenges due to your disability when doing these activities. For example, something on your phone or computer that helps you arrange activities or equipment you have that helps you do the activity. Can you tell me about any technology you use like this?

T1.	No	Yes	I don't know	NR
Do you use any technology to help you take part in activities that are meaningful to you?				

[INTERVIEWER ONLY SECTION] Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused • Unclear/No Response
• Other (describe) _____

[If the participant answers NO, skip to questions 5-6. If the participant answers I don’t know or NR, skip to the end of the section.]

[Reminder, only ask questions 2-4 for those answering YES to question 1]

Please tell me how much you agree with the following statements.

	Strongly Disagree	Disagree	Agree	Strongly Agree	NR
2. When you need it, you have access to this technology to take part in activities that are meaningful to you.					

[INTERVIEWER ONLY SECTION] Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused • Unclear/No Response
• Other (describe) _____

	Strongly Disagree	Disagree	Agree	Strongly Agree	NR
3. It is easy for you to use this technology to take part in activities that are meaningful to you.					

[INTERVIEWER ONLY SECTION] Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused • Unclear/No Response
• Other (describe) _____

	Strongly Disagree	Disagree	Agree	Strongly Agree	NR
4. This technology is useful for you to take part in activities that are meaningful to you.					

[INTERVIEWER ONLY SECTION] Reason for no response: • “I Don’t Know” (participant could not determine a response) • Refused • Unclear/No Response
• Other (describe) _____

[Reminder, only ask questions 5-6 for those answering NO to question 1]

	No	Yes	I don't know	NR
5. Did you answer no because you do not need this kind of technology to take part in activities that are meaningful to you?				

[INTERVIEWER ONLY SECTION] Reason for no response: • ***“I Don’t Know”*** (participant could not determine a response) • ***Refused*** • ***Unclear/No Response***
 • ***Other (describe)*** _____

[Only ask questions 6 for those answering NO to question 5]

	No	Yes	I don't know	NR	NA
6. Do you think this kind of technology would help you to take part in activities that are meaningful to you?					

[INTERVIEWER ONLY SECTION] Reason for no response: • ***“I Don’t Know”*** (participant could not determine a response) • ***Refused*** • ***Unclear/No Response***
 • ***Other (describe)*** _____

Interviewer Comments

RTCOM Participant Demographics Form

Participant ID NUMBER: _____

Date: _____ / _____ / _____

Interviewer ID: _____

1) What is your Age? _____

2) With what gender do you identify? *[circle one]*

€ Male

€ Female

€ Other

€ Prefer not to answer

3) What is your race or ethnicity? *[check all races/ethnicities with which participant identifies]*

American Indian or Alaska Native	
Asian (Hmong, Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese, Other)	
Black or African-American	
Pacific Islander (Native Hawaiian, Guamanian, Chamorro, Samoan, or Other)	
White (Non-Hispanic)	
Hispanic/Latino (Mexican-American, Chicano, Puerto Rican, Cuban, or Other Hispanic)	
Other race not listed	
Don't know/Prefer not to answer	

4) What Zip Code do you live in? _____

5) Where do you live?

Alone in own (or rented) home or apartment	
Alone in own (or rented) home or apartment with a paid support person(s)	
With others in own (or rented) home or apartment	
With others in own (or rented) home or apartment with a paid support person(s)	
In a group home (residential home) with other people with disabilities supported by paid staff	
In an assisted living facility or semi-independent setting (e.g. assistance from paid staff with preparing meals, activities of daily living, managing finances, shopping)	

Other: *(please describe)*

- 6) How often **in the last three months** have you seen a healthcare professional in the emergency room, clinic/office, hospital, or at home? Some examples of healthcare professionals are a doctor, occupational therapist, physical therapist, psychiatrist/psychologist, therapist, physician assistant, nursing staff, chiropractor).

Not at all	
Less than once a month	
Once a month	
Weekly	
Daily	
24-hour care	

- 7) Do you have any of the following disabilities? *[Select all that apply]*

Physical disability (e.g. Spina Bifida, Muscular Dystrophy, spinal cord injury)	
Intellectual or developmental disability (e.g. autism, Down's Syndrome, Fragile X Syndrome, Rhett Syndrome, fetal alcohol syndrome)	
Serious mental health condition (e.g. depression, anxiety, PTSD, schizophrenia)	
Traumatic brain injury	
Age-related (e.g. Alzheimer's, dementia, mobility limitations related to aging)	
Other: (Specify)	

- 8) Now, I am going to ask you a few questions about difficulties you (they) may face on a daily basis.

Do you (they) have difficulty ...	No, no difficulty	Yes, some difficulty	Yes, a lot of difficulty	Cannot do it at all
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a. seeing, even if wearing glasses?	1	2	3	4
b. hearing, even if using a hearing aid?	1	2	3	4
c. walking or climbing steps?	1	2	3	4
d. remembering or concentrating?	1	2	3	4
e. (with self-care such as) washing all over or dressing?	1	2	3	4
f. Using your preferred language, do you (they) have difficulty communicating (for example understanding or being understood by others)?	1	2	3	4
g. using your hands?	1	2	3	4
h. understanding directions?	1	2	3	4
i. interacting with others?	1	2	3	4
j. learning at the same pace as others?	1	2	3	4

Adapted from the WHO.

9) What disability do you receive all or most of your services or supports for? *[repeat list and select only one, interviewer should also take into account participant's agency/provider]*

Physical disability (e.g. Spina Bifida, Muscular Dystrophy, spinal cord injury)	
Intellectual or developmental disability (e.g. autism, Down's Syndrome, Fragile X Syndrome, Rhett Syndrome, fetal alcohol syndrome)	
Serious mental health condition (e.g. depression, anxiety, PTSD, schizophrenia)	
Traumatic brain injury	
Age-related (e.g. Alzheimer's, dementia, mobility limitations related to aging)	

Services and Supports Section

Now, I am going to review some of the most common types of supports (Home and Community Based Services - HCBS) that people receive. I'd like to find out how often you receive each type of support. *[Use examples only if participant requests clarification]*

	Daily	Weekly	Monthly	Less than Monthly	Not at all	I don't know.	NR
10. How often do you receive support related to your disability at your job? (EXAMPLES: job training, coaching)							
11. How often do you receive support from a Personal Care Assistant (not a paid family member)?							

12. How often do you receive Health or Nursing support (if provided outside of an institution in person's home)?							
13. How often do you receive support from a family member(s) paid to provide the support?							
14. How often do you receive support from staff in your home (group home, assisted living facility or apartment)?							
15. How often do you receive support to take part in activities in the community?							
16. How often do you receive transportation support to get to where you need to go?							
17. How often do you receive support in your home from family or friends who are not paid to help you?							